



GIVING THE GIFT *of freedom*

finding
FREEDOM

EMPOWERING PEOPLE TO GROW
WITH OTHERS INTO GREATER EMOTIONAL,
SPIRITUAL, AND RELATIONAL HEALTH

*We believe that support for
emotional, spiritual, and
relational health should
be freely available, so*

**ALL OF OUR SERVICES ARE
PROVIDED WITHOUT CHARGE.**

*We rely on the generosity of
our donor partners to be able
to offer hope and healing to
anyone who comes to us.*

We are a relational service, valuing the power of shared stories of growth and healing. Empowered peer-to-peer friendship, flexibly-resourced education and support are at the heart of who we are. **Every story makes healing contagious!**

WHO WE *serve*

Those who want to be part of a community of people journeying together into greater healing and wholeness

Those who are seeking to deepen their relationship with Christ

Those who 'still haven't found what they are looking for'

Those who want to journey into greater healing from issues such as:

- Grief, depression, anxiety, shame, etc.
- Emotional illness or trauma (current or historic)
- Relationship difficulties
- Addictions

Those who want to grow into more of who they are created to be, including:

- Career and educational opportunities
- Life skills support
- Spiritual gifting

FINDING FREEDOM *is...*

A SAFE SPACE AND SAFE SUPPORT FOR *ANYONE!*

Through a journey of healing, shared with and supported by peers, each person becomes an expert by experience, finding freedom, and growing life-skills that cascade the benefit of healing into families, employment, local communities, and beyond.

A SUSTAINABLE HEALING JOURNEY

Each person creates their own unique combination of support including publications, workshops, audios, one-on-one, and group sessions. Each one journeys together, with others, in life-changing relationships.

OUR *history*

30+ YEARS OF EMPOWERING...

Dr. Peter Holmes and Dr. Susan Williams, the founders of Finding Freedom, have their own remarkable journeys. They both have PhDs from the UK (Peter in Pastoral Psychology and Theology, Susan in Sociology and Education) and specialize in 'therapeutic communities' - the remarkable power of relationships to make healing contagious. They have each worked as therapeutic community advisors with the Royal College of Psychiatrists. Susan is a Commissioned Pastor in the Evangelical Church of North America. Peter is ordained in the same denomination and is married to Mary, from Iowa.

Peter's own journey consisted of being rescued through a temporary adoption, growing in a teenage relationship with God, and early studies of theology, including a mental health internship. Susan first came to Peter as a client in 1989 while working in the health services in London, on the verge of a second nervous breakdown and deeply traumatized by a number of tragic experiences. The healing she found is her life's work.

With a Christian foundation, their inclusive approach welcomes people of all faiths, no faith, or broken faith. Since 1998, partnering with teams who have found their own healing, they have empowered journeys into freedom for genocide victims in Rwanda, for traumatized women in Turkey, for those desperate for deeper healing and (perhaps) faith across Europe, North America, and the Central Asia. They were invited to Bozeman in 2009 and the resulting community chose the name Finding Freedom in 2017, becoming a 501(c)(3) a year later.

FINDING FREEDOM *heals*

In 2020, through the generosity of our community and our partners, we were able to buy a tree-lined 10-acre residential site near the center of Bozeman. It has a current estimated value of \$1.4-\$1.5 million. The community named it ***The Landing*** - a safe place to land, a safe place to launch from into new journeys. The potential for this site to become a centre of healing is immeasurable.

WE CURRENTLY HAVE...

- A house providing modest meeting space and office facilities
- An 'upper room' over the garage for additional small group space
- Walking trails for rest and respite against the backdrop of the Bridger Mountains
- An extensive barn ready for development
- A garden suitable for horticultural therapy

*This world is desperate
for change-makers,
justice-bearers, and
love-bringers.
Our vision is to continue
empowering people
in the Gallatin Valley, across
Montana, and all over the
world to embrace the
remarkable uniqueness of who
we are each created to be.*

**FREE!
WITHOUT CHARGE!
FULLY AVAILABLE!**



FINDING FREEDOM - *The future*

THE LANDING... UNLIMITED POTENTIAL

- Numerous small group spaces for relational healing
- A conference facility to empower journeying into healing and wholeness
- A resource for the wider local community to gather
- Cabins to provide visitor housing
- The launch of new programs for groups such as youth, the homeless, those in crisis, and veterans
- An income stream as a wedding or conference venue



BARN IMPROVEMENT, complete with furniture, A/V equipment, café mini kitchen, bathrooms, small group meeting rooms, and an auditorium for workshops and larger group gatherings.



SUPPORT PROVIDED *in 2024*



PEOPLE

144 men | 216 women
105 were new and 16 returned after being away for a year or more



SESSIONS

1,179 one-on-one sessions with 200 people
with 702 moments of additional support from the team and the community (936 SESSIONS IN 2023)



VOLUNTEERING

Total Hours: 1,877
77 people offering...
249 hours peer support
277 hours on The Landing grounds
1,054 hours of event teamwork
297 hours other support



MEN

Open Groups:
38 men
meeting 746+ times (442 IN 2023)



WOMEN

Q&A: 62 women
349 attendances (242 IN 2023)
Women's Groups: 53 women
meeting 1,952+ times (1,800 IN 2023)



WEEKENDS AWAY

67 women
attended the Women's Weekend
25 men
attended the Men's Weekend



TOTAL ATTENDANCES

7,719 people
(5,640 IN 2023)



DONORS

84 occasional and regular donors in 2024
25 of them were new this year

Increase of 2,079 attendances in one year!

End-of-year figures are projected based on current attendance and activity.

TRANSFORMING LIVES *Through contributing*

Finding Freedom has truly saved my life. It has allowed healing in me and in so many relationships that otherwise would not have been able to grow into wholeness.

- ROSIE

FINDING FREEDOM NEEDS YOU!

Almost all of our current regular finance comes from existing community members or graduates, but this will not finance the expansion so urgently needed.

CAN YOU...

- Designate a monthly gift (which helps with our budgeting and planned growth)?
- Make a one-time contribution or pledge, so that we can move ahead with our vision?
- Invite friends, family, local and national, to join you to make vital healing freely available?
- Consider endowment giving, or the gift of stock or investment, to protect healing for future generations?

WAYS YOU CAN JOIN IN GIVING THE GIFT OF HEALING AND FREEDOM...



GIVE ONLINE AT

<https://findingfreedom.kindful.com>



SCAN QR CODE



TEXT 'GIVE' TO 406-306-7373



MAIL A CHECK TO Finding Freedom 2419 E Cameron Bridge Rd Bozeman, MT 59718

Finding Freedom is a 501(c)(3) non-profit organization (#82-3389364). All donations are tax deductible.

Every gift helps others find freedom and creates more giving! THANK YOU!

Many thanks to those who are already supporting us!

Alumni | Friends | Family | Clients | Businesses | Churches
Grants & Foundations | Others who Partner with us in Bringing Healing



2419 E Cameron Bridge Rd | Bozeman, MT 59718
406.570.7040 | info@findingfreedom.solutions

  www.findingfreedom.solutions