



Our workshops involve in-depth teaching and practice designed to both enrich your spiritual growth and enhance your quest to become more of the person you were created to be. This journey will enable you to experience greater authenticity, wholeness and Christ-likeness in all areas of your life.



This workshop will be taught by Dr Peter Holmes and Dr Susan Williams, sharing from their own personal experience and from many others they have taught and supported. It will include practical steps for you to follow during and after the workshop to help you become more of who you were created to be.



Peter and Susan are experienced speakers, pastoral counsellors and authors from UK, where the Rapha Journey originated. The Rapha Journey is a step-by-step Biblical process of growing into greater wholeness and (when you are ready) a deeper relationship with God.

For more information, see our website
www.findingfreedom.solutions

For our latest news, see
www.facebook.com/findingfreedom.solutions

Finding Freedom Offices
2149 E. Cameron Bridge Road
Bozeman, MT 59718

EMPOWERED TO CHANGE: WHAT DOES IT TAKE TO BRING CHANGE IN OURSELVES AND OTHERS?

MARCH 5-6, 2021



FINDING FREEDOM
WORKSHOP

What is the workshop about?

“I wish I could change! I wish they would change! I wish that would change!”

It is a frequent cry in our lives. Perhaps we face a habit that stubbornly refuses our attempts to be different. Perhaps we sincerely make promises to change and find ourselves shamed when we repeat the very action or attitude we don't want. Perhaps someone close to us feels trapped and is desperate to change, but we have no idea how to help make it happen, even if it were possible.

We all like a good measure of stability. But that can often feel like a trap. We need to know that we are empowered to bring change in our own lives and support others doing the same. It brings hope to know that change is possible.

The spiritual, emotional, practical mechanics of change do not need to be a mystery to us. The person each of us is created to be includes the personal spiritual authority to make a difference, to see breakthrough, to influence, to become. This is what our Creator God intended.

This seven-session workshop will map the paradoxes we all live in, to varying degrees, knowing what we want and yet finding ourselves unable to make these necessary changes. What stands in our way of becoming more integrated, more of who we are created to be? How do we begin fast-tracking our wholeness journey? When we know how God intended change to happen in our lives, we can learn how to co-operate with the process more fully and step into ongoing growth.

By the end of the workshop you will:

- Understand what stops change from happening and map your own obstacles to change
- Have a toolbox to help you change and bring change in different circumstances
- Be able to consider God's surprising perspective on change
- Know how to harness the spiritual power of personal change
- Feel more confident supporting others in personal change, and know what to do when this is not possible
- Have some habit-busting techniques for the change-resistant parts of life

Everyone is welcome to our workshops. We will include a Biblical perspective that can help deepen your relationship with God.

But if you are not currently in a faith journey, we explicitly encourage you to take up what is most helpful and set aside anything you may not be comfortable with.

Times

This workshop will run Friday, March 5th from 6:30-9pm and Saturday, March 6th from 9am-1pm.

Location

The Commons at Baxter & Love
1794 Baxter Lane East
Bozeman, MT 59178

This workshop will also be streamed live online.
To receive the link, please preregister.

Price

We never want finances to be a barrier to people receiving the help they need in finding healing.
Given this, there is no fee for this workshop.

We will however, be taking donations to help cover our costs.
You can donate at the workshop or in advance when you preregister.
Finding Freedom is a registered 501(c)3 nonprofit organization.

Registration

We value your preregistration so we can be prepared to welcome you.
You can sign up in one of three ways:

Online at www.findingfreedom.solutions/events

Email: info@findingfreedom.solutions

Call: 406-570-7040

More Information

*Due to Covid-19 we will be encouraging social distancing.

*The Commons also requires the use of masks, unless you are seated in the auditorium.

*We will not be serving refreshments, so please feel free to bring your own snacks.

*Bottled water will be available