



Our workshops involve in-depth teaching and practice designed to both enrich your spiritual growth and enhance your quest to become more of the person you were created to be. This journey will enable you to experience greater authenticity, wholeness and Christ-likeness in all areas of your life.



This workshop will be taught by Dr Peter Holmes and Dr Susan Williams, sharing from their own personal experience and from many others they have taught and supported. It will include practical steps for you to follow during and after the workshop to help you become more of who you were created to be.



Peter and Susan are experienced speakers, pastoral counsellors and authors from UK, where the Rapha Journey originated.

The Rapha Journey is a step-by-step Biblical process of growing into greater wholeness and (when you are ready) a deeper relationship with God.

For more information, see our website
www.findingfreedom.solutions

For our latest news, see
www.facebook.com/findingfreedom.solutions

Finding Freedom Offices
2149 E. Cameron Bridge Road
Bozeman, MT 59718

CEASEFIRE! RESOLVING INNER AND RELATIONAL CONFLICT

OCTOBER 2-3, 2020



FINDING FREEDOM
WORKSHOP

What is the workshop about?

Conflict is something none of us can escape. We often try avoiding it, numbing ourselves to it, or fighting against it. We blame others for it or just live in denial about it. Conflict can occur in our relationships with others, ourself, and it can even occur in our relationship with God. Most of us have no idea of the range of conflicts we are experiencing, until we pause and allow ourselves to see it.

Conflict can bring about division, and drive us to avoid truth and try to blame others. This leads some to fear, while others use it to feel more powerful. However, when engaged in a helpful way, conflict can lead to healthier ways of living, and can precipitate positive change. It can result in greater openness and authenticity. It can bring about more wholeness and resolution if we navigate it with wisdom.

In this workshop, we will be exploring how we can respond well to conflict. We will consider the many types of conflict, map out practical steps to bring resolution, and provide tools to walk healthily through those times when it feels unavoidable. We will include sociological, psychological, and Biblical content.

By the end of the workshop you will have the opportunity to:

- Understand the complexities of conflict
- Map out the conflicts that you may be currently facing
- Learn practical steps and tools to find resolution to the conflicts in your life
- Leave with a greater understanding of the reality of the spiritual and emotional factors that can contribute to conflict
- Grow new responses for the situations where conflict proves stubborn
- Glean wisdom in how to help others healthfully navigate conflict in their lives

Everyone is welcome to our workshops. We will include a Biblical perspective that can help deepen your relationship with God.

But if you are not currently in a faith journey, we explicitly encourage you to take up what is most helpful and set aside anything you may not be comfortable with.

Times

This workshop will run Friday, October 2nd from 6:30-9pm and Saturday, October 3rd from 9am-1pm.

Location

The Commons at Baxter & Love
1794 Baxter Lane East
Bozeman, MT 59178

This workshop will also be streamed live online.
To receive the link, please preregister.

Price

We never want finances to be a barrier to people receiving the help they need in finding healing.
Given this, there is no fee for this workshop.

We will however, be taking donations to help cover our costs.
You can donate at the workshop or in advance when you preregister.
Finding Freedom is a registered 501(c)3 nonprofit organization.

Registration

We value your preregistration so we can be prepared to welcome you.
You can sign up in one of three ways:

Online at www.findingfreedom.solutions/events

Email: info@findingfreedom.solutions

Call: 406-570-7040

More Information

*Due to Covid-19 we will be encouraging social distancing.

*The Commons also requires the use of masks, unless you are seated in the auditorium.

*We will not be serving refreshments, so please feel free to bring your own snacks.

*Bottled water will be available